Do you need some Conversation Peace?
by Mary A. Kassian

1. Do you gossip? Do you enjoy repeating the latest news or rumor that you hear about another person? (Prov. 11:13; 20:19; 36:20)
   - never
   - seldom
   - occasionally
   - often
   - habitually

2. Do you slander? Do you say things about others behind their backs that you would not feel free to say to their faces? Do your words cast others in a less than positive light? (Ps. 50:20; Prov. 11:9; Ps. 52:4)
   - never
   - seldom
   - occasionally
   - often
   - habitually

3. Do you nag? Do you repeat your desires and opinions to others over and over until you get what you want? (Prov. 21:19; 26:21)
   - never
   - seldom
   - occasionally
   - often
   - habitually

4. Do you meddle? Do you make the interaction between other people your concern? Do you try to referee arguments or act as a go-between? (Prov. 26:17)
   - never
   - seldom
   - occasionally
   - often
   - habitually

5. Do you brag? Do you seek to present your skills, your experiences or your accomplishments as greater than they really are? (Pr. 14:23; 25:27; 27:2)
   - never
   - seldom
   - occasionally
   - often
   - habitually

6. Do you lie? Are you ever less than truthful? Are you totally honest? Do you misrepresent yourself, other people or events? (Ps. 120:3, 34:13; Prov. 12:19, 22; 26:18-19; Eph. 4:15,25)
   - never
   - seldom
   - occasionally
   - often
   - habitually

7. Are you quarrelsome? Do you feel a need to be proved right or to have the last word? Do you argue? (Pr.17:14; 20:3; 26:21; 27:15; Phil. 2:14)
   - never
   - seldom
   - occasionally
   - often
   - habitually

8. Do you respond in anger? Are you hot-tempered or defensive? Are you easily provoked? (Pr. 15:1; 29:11,22; Eph. 4:26)
   - never
   - seldom
   - occasionally
   - often
   - habitually

9. Do you talk too much? Do you babble? Do you spend a lot of time on the phone or in chat rooms? Do you monopolize conversations with your opinions? Do you interrupt? (Ec. 10:11; Pr. 15:28; 29:20; Jas. 1:19)
   - never
   - seldom
   - occasionally
   - often
   - habitually
10. Are you reluctant to admit when you are wrong? Do you fail to ask forgiveness? Do you refuse to admit your error when you feel the other person’s error is greater? (Prov. 29:23; James 5:16)
   □ never □ seldom □ occasionally □ often □ habitually

11. Do you betray a confidence? Do you repeat matters that you should keep private? If someone has failed or injured you, do you feel compelled to tell someone else about it? (Prov. 6:19; 17:19; 19:11; 25:9-10)
   □ never □ seldom □ occasionally □ often □ habitually

12. Do you criticize? Do you find fault with others? Do you focus on the bad instead of the good? Do you see people’s shortcomings more than you see their strengths? (Ps. 41:5; Rom. 1:30)
   □ never □ seldom □ occasionally □ often □ habitually

13. Do you complain? Do you bewail the circumstances you find yourself in? Do you let others know that you resent being inconvenienced? (Phil. 2:14)
   □ never □ seldom □ occasionally □ often □ habitually

14. Do you make assumptions? Do you assume the worst about other people’s motives and intentions? (1 Tim. 6:4; Prov. 29:20)
   □ never □ seldom □ occasionally □ often □ habitually

15. Do you hold grudges? Do you bring up or focus on past wrongs? Do you accuse others? (Prov. 11:12)
   □ never □ seldom □ occasionally □ often □ habitually

   □ never □ seldom □ occasionally □ often □ habitually

17. Are you malicious? Are your words intended to cut and wound? Are your words harsh? (Prov. 11:12; 17:4; 15:1; 16:27)
   □ never □ seldom □ occasionally □ often □ habitually

18. Are you insincere in your compliments? Do you flatter others for your own advantage? (Prov. 26:28; 29:5)
   □ never □ seldom □ occasionally □ often □ habitually

19. Is your speech filthy? Do you swear or use foul language? Do you use the latest slang or crass expressions? (Prov. 4:24; 10:31-32; Col. 3:8)
   □ never □ seldom □ occasionally □ often □ habitually

20. Do you fail to listen? Do you jump to conclusions before you are sure that you have heard and understood? (Pr. 18:13; 19:20; Jas. 1:19)
   □ never □ seldom □ occasionally □ often □ habitually

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